Is Peter and Paul Orthodox Church	
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Rev Fr James Worthington, Acting Rector	315-706-6185
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March 7th, 2010

THIRD SUNDAY OF LENT. Veneration of the Cross. The Holy Hieromartyrs of Cherson: Basil, Ephraim, Capito, Eugene, Aetherius, Elpidius, and Agathodorus (4th c.). Ven. Paul the Simple, disciple of Ven. Anthony the Great (4th c.).

EPISTLE: Hebrews 4.14-5.6 Christ our High Priest, He empathizes with our weaknesses.

GOSPEL: Mark 8.34-9.1 Whoever desires to follow Christ, let him deny himself, and take up his cross, and follow Him.

LENTEN SERVICES: The Mission Vespers Service for many of the Upstate parishes will be celebrated at OUR Church on March 14th. Everyone is asked to bring a dish. Please tell Rebecca Hawranick if you will be able to do so.

LENTEN SERVICES PART 2: In addition to our services here, we have been invited to celebrate with the Faithful of St George's Church in Utica on March 10th. Please make every effort to attend. We will have the opportunity to host them on Friday, March 19th for Presanctified Liturgy.

EPISCOPAL VISIT: Continue to make arrangements to mark your calendars for June 29th. This is our parish feast day, and also when we will be visited by our soon-to-be new bishop. It is a Tuesday, so please plan to celebrate with the parish on that day.

PIEROGIE SALES: The Friday Sales have been so successful that we need get together to make more pierogies! On Friday, we sold 81 dozen, and need to replenish our stock. Please see Rebecca Hawranick if you can help, and when you are available.

Fr James' Contact Info: Home: 315-866-3272 Cell: 315-706-6185 Email: adelphotheos@gmail.com

SEMINARY SCHOLARSHIP FUND: Donations and pledges are now being solicited for the Scholarship we offer to St Tikhon's Seminary. Please complete the form found in the newsletter if this is something you are called to do, and return it to the Candle Desk.

BULLETIN AND NEWSLETTER SUBMISSIONS: Any item that you would like included in the Bulletin should be in to the Parish Office by Thursday Evenings. Items for the Newsletter are due on the 25th of the month.

BIRTHDAYS AND ANNIVERSARIES: If there are any events missing from this list, please see Father James or call the Rectory at any time. Birthdays: Walter Sterzin, Helene Keblish and Liane Worthington. Anniversaries: None. Namesdays: None.

PANIKHIDA: Please continue to remember in your holy prayers all of the departed, especially the newly-departed Lillie Mae. We will also be serving the memorial service for all of our brothers and sisters who have fallen asleep in the hope of the Resurrection, among them Orest Kurito (1977), Anne Frantzman (1990) and Anne Sokerka (2007). We especially remember Theodore Litwen, Tatiana Keblish and Michael Steciak. May their memory be eternal!

Having entered into the Temple of the Lord, we sign ourselves three times with the cross and make three metanias (low bows), between the Narthex and Sanctuary, saying each time the Prayer of the Publican: "O God, be merciful to me a sinner!" After entering the Holy Temple we venerate the icons which are lying on the Analogions (tables) by kissing them. First, the icon of the Saint being remembered that day, then the two icons at the front of the Church.

When venerating (kissing) an icon, pay attention to where you kiss. When you approach an icon to venerate it, kiss the gospel, scroll, hand or cross in the hand of the person in the icon, or kiss the hand or foot of the person depicted.

When crossing in front of the Royal Doors, bow and cross yourself again.

- From Various sources and Orthodox Tradition

Before Thy Cross, we bow down in worship, O Master, and Thy holy Resurrection, we glorify. O Lord, save Thy people and bless Thine inheritance.

Schedule of Upcoming Events Confessions are heard before Liturgy, and before and after Vespers.

Mondays:	Parish Office Closed
Wednesday, March 10: 6 PM Presanctified Liturgy at St George's in Utica	
Thursday, March 4:	7 PM Youth Group
Friday, March 12:	4-6 PM Pierogie Sales (Tell your friends!)
	6 PM Akathist
Saturday, March 13:	4 PM Great Vespers
Sunday, March 14:	9 AM Sunday School; 9:30 Divine Liturgy
	5 PM Mission Vespers in HERKIMER! We are hosting Upstate Parishes.
Saturday, March 20:	10 AM Church Clean Up Day
Holy Week Schedule will be made available in the coming weeks.	

For the Kealth of The Homyk Family